



Inspiring Trust
Assuring Safe & Nutritious Food



DIET 4 LIFE

A unique partnership between Food Safety and Standards Authority of India (FSSAI), corporates, parents and healthcare professionals in support of children suffering from Inborn error of Metabolism

In its effort to provide safe & nutritious food to citizens of India, FSSAI has entered into a partnership with professional organizations, healthcare professionals and corporates to address the unique challenges that a small section of society faces in India. Inborn error of Metabolism (IEM) is a life threatening condition that affects many babies in India. Treatment of these metabolic disorders requires early intervention including dietary control. In view of the seriousness of the issue, FSSAI is taking expedient actions to provide a unique platform for parents to find timely medical support and treatment.





What is IEM?

Inborn error of Metabolism (IEM) is single gene defects resulting in abnormalities in the synthesis of proteins, carbohydrates, fats or complex molecules. More than 350 IEM disorders are known and may manifest at any stage of life, from infancy to adulthood. Awareness of these disorders is imperative for early diagnosis and treatment. This initiative aims to increase awareness about inborn errors of metabolism (IEMs) and reduce the impact these disorders have on a child's life through timely diagnosis and treatment.

Highlights of the Project Diet 4 life

- Facilitating import of reputed and clinically tested FSMP products for IEM through a special import notification for 15 IEM conditions identified under this project.
- Training health care professionals from all over the country to identify children with IEMs during preliminary check-ups so that they may be referred for screening and management in the early stages.
- Continuous professional development workshops for dietitians across India for appropriate dietary management of IEM conditions.
- Awareness programs for parents and a dedicated website for information
- Mapping of screening facilities available all over the country to facilitate screening without loss of time

Contact

FSSAI, FDA Bhawan, Kotla Marg, New Delhi - 110 002

Partners



To support this initiative and seek more information, Contact: diet4life@fssai.gov.in